



OCTOBER | 2017

Elementary School Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <u>G'nG:</u> WG Nachos w/ Apple Slices <u>Hot Meal:</u> Chicken Strips w/ Roll <u>Side:</u> Mashed Potatoes & Apples	3 <u>G'nG:</u> Salad, Carrots & Apples <u>Hot Meal:</u> Chicken Flatbread <u>Side:</u> Fresh Veggies & Sidekicks	4 <u>G'nG:</u> Hotdog & Banana <u>Hot Meal:</u> Tacos 0 <u>Side:</u> Lettuce, Tomatoes & Banana	5 <u>G'nG:</u> Jelly Sandwich w/ Cheddar stick & Raisins <u>Hot Meal:</u> BBQ Pork w/ Bun <u>Side:</u> Roasted Butternut & Peaches	6 <u>G'nG:</u> Cottage Cheese w/ corn chips & Applesauce <u>Hot Meal:</u> Pizza <u>Side:</u> Salad, Fresh Veggies & Mixed Fruit
9 <u>G'nG:</u> Nuggets w/ Crackers Apple Slices <u>Hot Meal:</u> Open Faced Burritos <u>Side:</u> Tomatoes, Mandarin Oranges	10 <u>G'nG:</u> Cheese Bosco, w/ Cheese stick & Banana <u>Hot Meal:</u> Quesadilla <u>Side:</u> Lettuce, Tomatoes & Tex Mex & Banana	11 <u>G'nG:</u> Pretzel w/ cheese & Applesauce <u>Hot Meal:</u> Meatball subs <u>Side:</u> Peas, Carrots & Applesauce	12 <u>G'nG:</u> Yogurt w/ Bear Gram & Apples <u>Hot Meal:</u> BBQ Chicken w/ Bun <u>Side:</u> Green Beans & Peas	13 <u>G'nG:</u> Cottage Cheese w/ corn chips & Applesauce <u>Hot Meal:</u> Pizza <u>Side:</u> Salad, Fresh Veggies & Mixed Fruit
16 <u>G'nG:</u> WG Nachos w/ Apple Slices <u>Hot Meal:</u> Twisted Alfredo w/ chicken <u>Side:</u> Carrots & Apples	17 <u>G'nG:</u> Salad, Carrots & Apples <u>Hot Meal:</u> Chicken Patties w/ Bun <u>Side:</u> French Fries & Pineapples	18 <u>G'nG:</u> Hotdog & Banana <u>Hot Meal:</u> Texas Straw Hats <u>Side:</u> Lettuce, Tomatoes & Banana	19 <u>G'nG:</u> Jelly Sandwich w/ Cheddar stick & Raisins <u>Hot Meal:</u> Spaghetti & Meatballs w/ Breadstick <u>Side:</u> Peas & Peaches	20 <u>G'nG:</u> Cottage Cheese w/ corn chips & Applesauce <u>Hot Meal:</u> Pizza <u>Side:</u> Salad, Fresh Veggies & Mixed Fruit
23 No School	24 No School	25 No School	26 No School	27 No School
30 <u>G'nG:</u> Nuggets w/ Crackers Apple Slices <u>Hot Meal:</u> Nachos <u>Side:</u> Lettuce, Tomatoes & Peas	31 <u>G'nG:</u> Cheese Bosco, w/ Cheese stick & Banana <u>Hot Meal:</u> Chicken Parm <u>Side:</u> Broccoli & Banana	Happy Halloween 		

Daily Alternative Side Options:

Monday: Hummus
 Tuesday: Broccoli
 Wednesday: Carrots
 Thursday: Celery
 Friday: Potatoes

Don't forget to add an additional side items to either the Grab 'n Go Lunch or the Hot Lunch Meal.

Please take the opportunity to pick *Fresh Fruit and Vegetable* items.

