

# Elementary Menu

Date: Sept 30 – Nov 1

<i>Monday 30th</i>	<i>Tuesday 1st</i>	<i>Wednesday 2nd</i>	<i>Thursday 3rd</i>	<i>Friday 4th</i>
<p><b>Breakfast Include:</b> Waffles or Banana Bread Applesauce &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Alfredo or Chicken Strips</p> <p><b>Sides:</b> Steamed Broccoli, Carrots, Apples &amp; Mandarin Oranges</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Yogurt w/ Graham or Frosted Flakes Banana &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Patty w/ Bun or Yogurt w/ Cheese Stick &amp; Crackers</p> <p><b>Sides:</b> French Fries, Broccoli Mandarin Oranges &amp; Pineapple</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Muffin or Honey Nut Cheerios Applesauce &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Texas Straw Hats or Hot Dog w/ WG Bun</p> <p><b>Sides:</b> Corn Salad, Salsa, Lettuce, Tomato, Banana &amp; Apples</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Banana Bar or Cinnamon Mini Apple Slices &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Spaghetti &amp; Meatballs or Bosco w/ Cheese stick</p> <p><b>Sides:</b> Roasted Potatoes, Hummus, Marinara, Applesauce, &amp; Peaches</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Super Star or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza Or Cottage Cheese w/ Chips</p> <p><b>Sides:</b> Romaine Salad Fresh Veggies &amp; Mixed Fruit</p> <p><i>All Meals include Milk</i></p>
<i>Monday 7th</i>	<i>Tuesday 8th</i>	<i>Wednesday 9th</i>	<i>Thursday 10th</i>	<i>Friday 11th</i>
<p><b>Breakfast Include:</b> Blueberry Bread or Strawberry Bagel Applesauce &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Nachos w/ Lettuce &amp; Tomatoes or Bosco w/ Cheese stick</p> <p><b>Sides:</b> Carrots, Marinara, Salsa, Pears &amp; Mandarin Orange</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Muffins or Trix Cereal Banana &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Parmesan or Nachos w/ Cheese</p> <p><b>Sides:</b> Broccoli, Streamed Carrots, Banana &amp; Oranges</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Cinnamon Toast Crunch or Froot Loops Raisins &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Mozza Bread or Cottage Cheese w/ Chips</p> <p><b>Sides:</b> Broccoli, Marinara, Corn Salad Peaches &amp; Applesauce</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Pancakes or Pop tarts Apple Slices &amp; Juice</p> <p><b>Lunch Include:</b> Mini Corn Dogs or Jelly Sandwich w/ Cheese Stick</p> <p><b>Sides:</b> French Fries, Humus, Banana &amp; Apples</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Super Star or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza Or Chicken Nuggets</p> <p><b>Sides:</b> Romaine Salad, Veggies, Apples &amp; Mixed Fruit</p> <p><i>All Meals include Milk</i></p>
<i>Monday 14th</i>	<i>Tuesday 15th</i>	<i>Wednesday 16th</i>	<i>Thursday 17th</i>	<i>Friday 18th</i>
<p><b>Breakfast Include:</b> Waffles or Banana Bread Applesauce &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Wings w/ roll or Nachos w/ Cheese</p> <p><b>Sides:</b> Sweet Potatoes, Salsa, Cucumber &amp; Celery, Applesauce &amp; Pineapple</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Yogurt w/ Graham or Frosted Flakes Banana &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Tacos or Yogurt w/ Cheese Stick &amp; Crackers</p> <p><b>Sides:</b> Lettuce w/ Tomatoes, Salsa, Potato Salad, Banana &amp; Pears</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Muffin or Honey Nut Cheerios Cranberries &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Salisbury Steak w/ Roll or Hot Dog w/ Bun</p> <p><b>Sides:</b> Broccoli, Corn, Mandarin Oranges &amp; Apple Slices</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Apple Pastry or Cinnamon Mini Apples &amp; Fruit Juice</p> <p><b>Lunch Include:</b> BBQ Ribs or Bosco w/ Cheese stick</p> <p><b>Side:</b> French Fries, Marinara, Hummus, Pears &amp; Raisins</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Super Star or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza Or Cottage Cheese w/ Chips</p> <p><b>Sides:</b> Romaine Salad Fresh Veggies Applesauce &amp; Mixed Fruit</p> <p><i>All Meals include Milk</i></p>
<i>Monday 28th</i>	<i>Tuesday 29th</i>	<i>Wednesday 30th</i>	<i>Thursday 31st</i>	<i>Friday 1st</i>
<p><b>Breakfast Include:</b> Cinnamon Mini or Strawberry Bagel Applesauce &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Cheeseburger or Nachos w/ Cheese</p> <p><b>Sides:</b> Spinach Salad, Salsa, Celery, Applesauce &amp; Mandarin Oranges</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Sausage Biscuit or Trix Cereal Raisins &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Turkey Manhattan or Bosco w/ Cheese stick</p> <p><b>Sides:</b> Mashed Potatoes, Green Beans, Marinara, Apples and Pineapple</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Cinnamon Toast Crunch or Froot Loops Banana &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Ravioli WG Breadstick or Cottage Cheese w/ Chips</p> <p></p> <p><b>Sides:</b> Broccoli, Steamed Carrots, Applesauce, Peaches &amp; Mud Pudding</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Pancake or Pop tarts Apples &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Chicken Strips w/roll Jelly Sandwich w/ Cheese Stick</p> <p><b>Sides:</b> French Fries, Fresh Carrots, Humus and Baked Apples</p> <p><i>All Meals include Milk</i></p>	<p><b>Breakfast Include:</b> Super Star or Cereal Mixed Fruit &amp; Fruit Juice</p> <p><b>Lunch Include:</b> Pizza Or Chicken Nuggets</p> <p><b>Sides:</b> Romaine Salad, Fresh Veggies &amp; Mixed Fruit</p> <p><i>All Meals include Milk</i></p>

*This is an equal opportunity employers*

